

# S P A VERTA

BATTERSEA LONDON HELIPORT

## EXCLUSIVE SPA BOOTCAMP DAY... 26<sup>TH</sup> MAY 2011

Come and join us for 45 minute taster treatments from our Mama Mio Bootcamp range.

Introduction price of £30.00 per guest of which £20 is redeemable on products and £10.00 redeemable on your next bootcamp treatment!



These treatments are revolutionary and radical, hard-hitting, very focused spa treatments to give you visible lasting difference to that bit of body that bugs you!

Our bootcamp treatments are offered at £80.00 per person or buy 5 and get one free!

## ANNE SEMONIN PARISIAN FACIAL DAY... 16<sup>TH</sup> & 17<sup>TH</sup> JUNE 2011

Come and join us for our Anne Semonin Parisian Facial Day with Julie Dumas, Anne Semonin specialist from Paris!

Facials cost £40.00 for a 40 min treatment and personal consultation. The £40.00 is redeemable on two product purchases or more.



Anne Semonin facials ensure effective, visible results. Following an initial skin consultation this treatment has been designed to be tailor made to treat your concerns that are as individual as your fingerprint!

### **Terms and Conditions for both bootcamp and Parisian days.**

Appointments are limited and therefore must be booked in advance. Use of the facilities are not included, subject to availability, not redeemable with any other offers or discounts. Treatments are limited to two guests per booking.

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## SPA OVERNIGHT PACKAGES

### **Lemon Detox Package with one night accommodation at £420.00 pp**

Retreat at Hotel Verta. The intensive overnight fasting programme is designed to make detoxing easy as it nourishes and nurtures you through the initial fasting period and prepares you in body and mind for a continued weight loss or cleansing regime, whilst rejuvenating and pampering you in a beautiful, discreet environment.

The Lemon Detox One Retreat is ideal for those wishing to begin their detox away from it all and achieve immediate results. On leaving the retreat, you can continue your detox experience at home for up to 10 days, either as a fast or by following a food combining programme provided especially for you by one of the resident spa team.

You will receive a consultation in the spa on the Lemon Detox and the package will include use of the facilities including Vitality Suite with a 10m hydrotherapy pool, Sauna, Steam, Sanarium, experience showers, foot baths and heated lounges. We also have a Fitness Suite with state of the art entertainment system by Technogym. You will also receive the following treatments:

#### **First Day:**

- 1 x 60 min Made to Measure Facial
- 1 x 60 min Spa Verta Signature Massage

#### **Second Day:**

- 1 x Monticelli Mud Wrap by [comfort zone]



For tailor made packages please contact Spa Verta to arrange your detox according to you.

### **1 Night Dinner, Bed and Breakfast package £249.00**

Prices start from £249.00 for a one night stay in a Metropolitan room for double occupancy including breakfast and dinner. Complimentary use of our Spa Verta facilities and a one hour treatment for one person.

### **2 Night Dinner, Bed & Breakfast package £485.00 (Sun- Thur) £535.00 (Fri & Sat)**

Prices start from £485.00 for a two night stay in a Metropolitan room for double occupancy including breakfast and dinner. Complimentary use of our Spa Verta facilities and a one hour treatment each for two people.

### **Sunday Special Dinner, Bed and Breakfast £239.00**

Prices start from £239.00 for a one night stay in a Metropolitan room for double occupancy including breakfast and dinner. Complimentary use of our Spa Verta facilities and a one hour treatment each for one person.



### SPA DAY PACKAGES AND TREATMENTS

#### **Spring Sensations Spa Day at £125.00 per person (Mon – Fri)**

With the spring arriving looking fresh and radiant is essential. This package gives you total relaxation time to enjoy the glorious weather in one of our *Sensational* spa locations, while the treatments will leave you feeling revitalised with a spring glow.

You will enjoy use of the extensive spa facilities for the day and a delicious two course lunch at your leisure. Also, included in your day is, two treatments, choose a 30 minute facial to liven up your skin after the Winter, followed, by a 30 minute massage focusing on the back, neck and shoulders to relieve those tension areas.

What better way to step into Spring with a spring in your step at one of von Essen's sensational locations.

Package includes full use of the spa facilities at your chosen location, a two course lunch or afternoon tea, a 30 minute facial and 30 minute massage

Valid from 01<sup>st</sup> April 2011 and expires 30<sup>th</sup> June 2011

#### **Lemon Detox Day Package at £200.00 per person**

What better way to refresh and renew than with the new Lemon Detox One Day Retreat at Hotel Verta. The intensive fasting programme is designed to make detoxing easy as it nourishes and nurtures you through the initial fasting period and prepares you in body and mind for a continued weight loss or cleansing regime, whilst rejuvenating and pampering you in a beautiful, discreet environment.

The Lemon Detox One Day Retreat is ideal for those wishing to begin their detox away from it all and achieve immediate results. On leaving the retreat, you can continue your detox experience at home for up to 10 days, either as a fast or by following a food combining programme provided especially for you by one of the resident spa team.

You will receive a consultation in the spa on the Lemon Detox and the package will include use of the facilities including Vitality Suite with a 10m hydrotherapy pool, Sauna, Steam, Sanarium, experience showers, foot baths and heated lounges. We also have a Fitness Suite with state of the art entertainment system by Technogym. You will also receive 60 minute Spa Verta Signature Massage and a 60 minute Monticelli Mud Wrap, 30 minute final consultation.

#### **Spa Day Package £125.00 per person**

Book a Spa Day and receive a 60 minute treatment, full use of the facilities including Vitality Suite with a 10m hydrotherapy pool, Sauna, Steam, Sanarium, experience showers, foot baths and heated lounges. We also have a Fitness Suite with state of the art entertainment system by Technogym. Receive an arrival drink and a 2 course lunch in our Patrisey Restaurant.



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## Pregnancy Package at £125.00 per person

Book any Mama Mio treatment and get an Express Manicure or Pedicure on our compliments. Whether you are expecting or have had your beautiful baby we have a pregnancy treatment for you\* including

### 📌 Yummy Mummy by Mama Mio

This is an Omega-rich facial for your tummy, because it's your tummy that needs the attention to maximise skin strength, health and elasticity. Combined with the luxury of an upper back, neck and head massage to ensure it is a full-on stress banishing treat.

### 📌 Mellow Mama

A completely relaxing full body massage using our safe but effective pre-natal techniques and our award-winning Omega-rich oils to relax those specific lower back muscles that are carrying that beautiful bump.

### 📌 4<sup>th</sup> Trimester Healing Hour

Your baby is here and you are in need of a little rejuvenation? This restorative massage treatment helps your body realign as you remember how to be one person again. Sometimes new mothers need a little mothering too! This is the perfect present for new mamas.

Package includes an Arrival drink and 2 course lunch in our Patrisey Restaurant.

\* Clients must be over 12 weeks pregnant.

## Bootcamp Package from £80.00 per person

### Bootcamp for bums £80.00 - Lift your bum in 60 minutes

Buttock, hip and thigh treatment created to reduce cellulite; de-toxifying to stop spongy water retention plus fruit acid exfoliation for a smooth, soft sexy rear view.

### Bootcamp for tummies £80.00 – A tummy tuck in 60 minutes

A waist-whittling treatment to reduce cellulite and fat deposits stimulates circulation to detoxify with anti-aging peptides to tighten and tone skin.

### Bootcamp for boobs £80.00 – A boob job in 60 minutes

Bust and upper body treatment to lift and plump; increases circulation to boost collagen with anti-aging peptides to tighten and tone the whole bust area and upper arms.

### Bootcamp for butts, tummies & boobs £120.00 – A total body lift in 90 minutes

An intense body firming treatment, targeting cellulite, extra wobble and rough skin from top to bottom. This is serious bootcamp for bulges; improves skin texture and elasticity.



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## Gelac Nails Treatment – Introductory Offer of £50.00 per treatment

Get the Must-Have 14-Day Manicure!

Gelac's exclusive UV gel polish formula holds the secret to long-lasting shine, and with Gelac there's no chipping, no skipping, no kidding! When it's time to change colors, Gelac soaks off easily in 10 minutes. It's that easy!

Expiry date: 30<sup>th</sup> April 2011



## Fathers Spa Day and a treat for You!

Book any one hour treatment for 'him' during the month of June and you come half price!

Valid from 01<sup>st</sup> June 2011 until 30<sup>th</sup> June 2011

## Eye Works

Get an eye brow shape, eye brow tint and an eye lash tint for £40.00

## Tinting offers

Book any one hour facial in the month of May and receive £5.00 off an eye wax, eye lash tint or eye brow tint!

Eye Lash tint £20.00

Eye Brow tint £15.00

## Palmarosa Facial and express pedicure in a bowl of rose petals at an exclusive rate of £85 per person

This "Palmarosa Facial" will ensure effective, visible results. Following an initial skin consultation this treatment has been designed to be tailor made for your individual skin needs through individually blended plant active serums, masks and aromatic intensive complexes. In particular we use our Anne Semonin Gel Mask which is packed full of Cypress oil, Lavender and Palmarosa

Guests will also be indulged with an express pedicure: feet will be treated to a rose petal soak, before a file and polish.

Valid from 25<sup>th</sup> May 2011 until 30<sup>th</sup> May 2011



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## SPA GROUP PACKAGES

### **Hen Day Package from £100.00 per person**

Book in a minimum of 5 people for a hen day and the Bride comes free, £100.00 per person includes:

- 2 x Bottles of Champagne
- 2 x Fruit Juice Jugs

A choice of one of the following 25 minute treatments:

- 🛁 On Arrival- Radiance Facial
- 🛁 On Ice - Miracle Eyes Therapy
- 🛁 Quick Escape - Back, Neck and Shoulder Massage
- 🛁 Flight Rescue - Foot and Leg Reviver
- 🛁 Stress Head - Soothing Scalp Therapy
- 🛁 Body Hydration - Black Sand Exfoliation
- 🛁 Express Manicure or Pedicure
- Use of the facilities including Vitality Suite with a 10m hydrotherapy pool, Sauna, Steam, Sanarium, experience showers, foot baths and heated lounges. We also have a Fitness Suite with state of the art entertainment system by Technogym
- Exclusive use of the Relaxation room for up to 2 hours from treatments start time
- Platter of fruit and Sandwich selection

### **Girls Day Out Package from £100.00 per person**

Book in a minimum of 5 people for a girl's night out and the organiser comes free, £100.00 per person includes:

- 2 x Bottles of Champagne
- 2 x Fruit Juice Jugs

A choice of one of the following 25 minute treatments:

- 🛁 On Arrival- Radiance Facial
- 🛁 On Ice - Miracle Eyes Therapy
- 🛁 Quick Escape - Back, Neck and Shoulder Massage
- 🛁 Flight Rescue - Foot and Leg Reviver
- 🛁 Stress Head - Soothing Scalp Therapy
- 🛁 Body Hydration - Black Sand Exfoliation
- 🛁 Express Manicure or Pedicure
- Use of the facilities including Vitality Suite with a 10m hydrotherapy pool, Sauna, Steam, Sanarium, experience showers, foot baths and heated lounges. We also have a Fitness Suite with state of the art entertainment system by Technogym
- Exclusive use of the Relaxation room for up to 2 hours from treatments start time
- Platter of fruit and Sandwich selection

*Terms and Conditions: All of the above is subject to availability. Offers can't be used in conjunction with any other offers. The above can be changed at any given time without prior notification.*